



MIDDLESEX COUNTY  
COMMUNITY FOUNDATION



THE FUND FOR  
Women  
& girls

Since 2001, supporting programs that empower women and girls to be self-reliant and reach their potential.

## **Women Helping Women in Middlesex County**

### **Grants Awarded**

Middletown middle school girls were challenged by new adventures both at “Girl Power!” a summer program, “Girl Talk” an after school program and “Evenings Out”, a mother and daughter program with grants to the *Rushford Center*.

Young girls explored their creative selves and became healthier and more confident from participation in programs supported by grants to *East Haddam Youth & Family Services*.

Older women have learned new computer skills to prepare for career or volunteer opportunities over a two year period and have benefited from an outreach program focusing on older women’s health issues with grants to the *Estuary Council of Seniors*.

Adolescent girls are more self assured thanks to “Brave Girls, Strong Women”, a summer enrichment program supported by a grant to *East Hampton Youth & Family Services*.

Women rest more securely at the Middlesex County Battered Women’s Shelter on new mattresses bought with a grant to the *Community Health Center*.

A Young Women’s Group fostered leadership skills in Middletown’s North End with the support of grants to the *North End Action Team*.

The cost of space and operational support was provided by a grant to *Domestic Violence Valley Shore*.

Middletown neighborhood girls learn teamwork and skills in a flag football program sponsored by the *Middletown Park and Recreation Department* with a grant.

*The Middlesex Chapter of the American Red Cross* provided ARC Health & Safety courses to women and girls in their homeless assistance programs.

At-risk girls worked in the community through an internship program earning a stipend and learning life skills, including banking, budgeting and financial management supported by a grant to the *Children's Home of Cromwell*.

The continued recovery of the clients of a residential substance abuse treatment facility were supported and basic transportation needs (car seats and strollers) for their children were met by a grant to the *Connection, Inc.*

Adolescent girls with severe mental illness were given an opportunity to participate in various arts and cultural activities to foster personal growth and build self-esteem with a grant to *Gilead Community Services*.

The self esteem of young girls at MacDonough Elementary School in Middletown and the Cromwell Children's Home was raised in a "uniquely ME!" Program and a college prep program introduced at-risk girls ages 14 to 17 to college life with grants to the *Girl Scouts CT Trails Council*.

Provided funding for "Filly Night" a program for mothers and daughters, providing young girls the opportunity to assume the role of mentor for adults interested in learning horseback riding and animal care with a grant to *Ray of Light Farm*.

A grant to *Russell Library* established a Young Parents collection in both Spanish and English which provided support and training for parents.