Mental illness is debilitating. It’s not often discussed, yet its impact stretches well beyond those affected by it. It impacts families, friends, neighbors - the entire community. Quality health care and recovery support services provide for physical and mental well being, independence and community integration. For over four decades Gilead Community Services has offered programs to foster recovery from mental illness, including general counseling for individuals and families through the outpatient clinic in Middletown, intensive community-based programs, and rehabilitation services for individuals living independently.

This commitment to Gilead’s comprehensive support and a strong sense of community attracted the attention of Edward “Reds” and Jane McMillan. The McMillans have been long-time supporters and ambassadors for Gilead. Now the McMillan family is ensuring Gilead’s successes for years to come.

Reds (1935-2010) first met a group of Gilead clients in 1994 when they came to work for him at Anderson Oil and Chemical Company in Portland. He was impressed with the clients’ work ethic and with the amazing and caring support they received from Gilead staff. This experience inspired Reds to become more involved with Gilead, ultimately serving as Chairman of the Board of Directors. Over time the McMillans developed meaningful relationships with many Gilead clients who instilled in them a deeper appreciation for the need for quality mental health services in our area. Their belief in Gilead’s mission strengthened each year, leading them to search for additional ways to support the organization for years to come.

The McMillans are no strangers to the Community Foundation of Middlesex County. Jane, a founding member of the Community Foundation’s Board of Directors, knew that the Community Foundation and its commitment to its donor-investors and the county’s nonprofits would provide the perfect vehicle to support Gilead’s efforts – now and well into the future. In December 2013, Jane and her family established the Edward “Reds” L. and Jane S. McMillan Gilead Endowment Fund.

“Reds and I strongly believe in the mental health services that Gilead provides to hundreds of individuals in our community every day,” Jane McMillan explained. “Fortunately, with the help of the Community Foundation, the Edward “Reds” L. and Jane S. McMillan Gilead Endowment Fund has been created to ensure Gilead’s services in the future. This fund will help to improve the lives of hundreds of individuals living with mental health services as well as thousands more who love them.”

The Community Foundation is indeed proud to work with Jane and her family and honored to provide support for Gilead – forever.

When Disaster Strikes, A Community Comes Together

Some things just cannot be planned for – damage from a flood, a major storm or a house fire. Yet when the unthinkable happens, our community works together, neighbor helping neighbor, to put life back to rights.

Recently a neighborhood house fire led CFMC to “ask how can we do more?” How can we work with area nonprofits to support the family and the services that are critical to recovery in just such an emergency?

Visit us at www.MiddlesexCountyCF.org – click on the Featured Fund tab on our home page – and learn how the Neighbor Helping Neighbor Fund is making a difference right here in Middlesex County.
CFMC celebrated and thanked four Board members for their years of service to the community at its December meeting. William Chatman (Essex), Marcia Kalayjian (Clinton), Tom Pastorello (East Hampton), and David Royston (Old Saybrook) completed their terms as members of the Board of Directors in December 2013.

“These individuals have each helped move the Community Foundation forward during their terms on the Board,” explained John Biddiscombe, Chairman, CFMC Board of Directors. “The outreach efforts, the expanded relationships with investors, and the grant making impact of the Community Foundation are directly related to their passion to grow the Community Foundation and their commitment to make Middlesex County a better place to live, work and play.”

Bill Chatman joined the CFMC Board of Directors in 2007 and has served on the Development Committee, the Personnel Committee, and the Elizabeth Swaim Arts Enrichment Fund Committee. Bill has chaired the Personnel Committee for four years, providing insight and direction for the Community Foundation and its operations.

Marcia Kalayjian was elected to the Board of Directors in 2005 and brought her passion and dedication to several committees, including Development, Governance, Grants and By-Laws Review. She served four years as the Vice Chairman of the Board of Directors and was elected Chairman in 2011 and 2012. Through her leadership as chairman, the Community Foundation celebrated its 15th anniversary with a “Grow the Foundation” campaign which resulted in $3.9 million in gifts and pledges, a rebranding initiative, and the development of a new website, new logo and new name.

Serving since 2008, Tom Pastorello worked to ensure that the Community Foundation financial practices remain open and transparent. Serving on the Finance & Investment Committee and as the Chairman of the Audit Committee, Tom’s extensive experience in finance ensured the highest standards of stewardship of the donors’ funds.

Since 2007, David Royston’s attention to detail and comprehensive understanding of governance aided the Community Foundation in many areas. Dave served as the Chair of the Grants Committee and worked with a subcommittee to streamline the procedures and identify CFMC’s grant making focus areas. Dave served as Board Chairman in 2009 and 2010, and led CFMC in a five year strategic plan initiative. Royston also served on the Development and Grants Committees and most recently participated on the Finance & Investment and Personnel Committees.

“Donor-investors, nonprofits and the broader community have benefited greatly from the service of these four individuals,” Cynthia Clegg, President & CEO, CFMC, stated. “They provided so much experience to the community, always focusing on the impact – the positive results – that comes from working together. Through their leadership and their love of Middlesex County, the future for everyone is definitely better and brighter. We – all of Middlesex County - have been fortunate to have these four people working on our behalf for so many years. We are delighted that they will continue working with CFMC and continue promoting the great work of our donor-investors, our nonprofits and the Community Foundation for years to come.”

**With Your Help, We’ve Made a Difference**

**A Coat, a Hat and Gloves**

It’s hard to imagine not having a warm pair of boots or a winter coat that fits, but for many children in our communities this is the challenge they face each winter. For more than 20 years, volunteers and donors have been working through the Kiwanis Club of Middletown to provide something simple that we each may take for granted – winter clothing. A coat, a pair of gloves, a pair of boots – even socks.

Warm The Children is organized by the Kiwanis Club in partnership with the Middletown Press. Each year volunteers help families shop for much-needed coats and footwear, thanks to the generous contributions from the community and grants from funders such as the Community Foundation of Middlesex County. “Mack Stewart, the founder, has always said that Warm The Children is neighbors helping neighbors,” said Lynn Baldoni, Kiwanis Club President. “I can’t think of a better quote to describe what we do. People in our community donate their time, their money and their compassion to make this program work. The grant from the Community Foundation was instrumental in helping us attain our fundraising goal this season.”

Story continued on Page 5
Leading the Way – Four Individuals Elected to CFMC Board of Directors

The CFMC Board of Directors Class of 2014 welcomes four individuals who bring passion and a broad range of skills to the Community Foundation’s leadership team.

**John L. Boccalatte** of Middletown was first elected in August to complete past board member Lyn May’s term. President and Manager of the law offices of Farrell, Geenty, Sheeley, Boccalatte & Guarino PC, John’s legal focus is transactional law for many individual and institutional clients in the region. A life-long resident of Connecticut, John has served the community in many capacities, including a past Board Member of the Middlesex Community College Foundation and past Chair of the Long Hill Estate Authority. John joined the Community Foundation’s Grants Committee in 2012, working with a dedicated group of volunteers to review and recommend grant awards through CFMC’s competitive grants process.

**Gregory P. Rainey** of Ivoryton joined the Community Foundation’s Marketing & Communications Committee in 2012 and, under the leadership of Board Chairman Marcia Kalyjian and Committee Chair Lyn May, worked as part of the team designing the Community Foundation’s new logo and website. As Principal/Owner of CCI Performance Group, a consulting firm specializing in the healthcare industry, Greg brings a keen understanding of marketing, leadership development, and management initiatives to his clients. Greg is Chair of the Community Foundation’s Marketing & Communications Committee. Greg is also a founding member of the Live Local Give Local 365 Fund at the Community Foundation.

**Eric Thornburg** of Clinton is a leading executive in Middlesex County and currently serves as the Chairman, President and Chief Executive Officer of Connecticut Water Services, Inc. Under his leadership, Connecticut Water has achieved significant growth and is currently ranked in the top tier among all publicly traded water utilities. Eric’s strong business and financial background will be of great benefit to both the Board of Directors and the Community Foundation’s Audit Committee.

John, Greg, Eric and Frantz join three CFMC Directors re-elected to three year terms. **David Director** (Cromwell) will continue his work on the Council of Business Partners, Governance Committee, and Strategic Planning Committee. He will also chair the Personnel Committee and was elected as the Treasurer of the Board of Directors for 2014. **Nancy Fischbach** (Deep River) was re-elected to the Board of Directors and will serve as Secretary and Chair of the Community Foundation’s Grants Committee. She is also an active member of the CFMC Governance Committee. **Gary Salva** (Middlefield) was also re-elected to a three year term and serves on the Development Committee.

“We are very excited about the Board of Directors for 2014 and its leadership and commitment,” said John Biddiscombe, Chairman, CFMC Board of Directors. “John Boccalatte, Greg Rainey, Eric Thornburg, and Frantz Williams bring a broad range of expertise to our work, and the Middlesex County community will benefit from their business acumen and their deep commitment to furthering the investment of our neighbors and stakeholders. Middlesex County traditionally reaps the diverse benefits of a strong, dedicated and knowledgeable Board of Directors at the Community Foundation. These four individuals ensure the oversight and governance work of the Community Foundation will continue to develop and impact the community.”

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**With Your Support, We’ve Made Music**

**Carolyn Greenleaf’s Legacy Supports Talented Young Musicians**

Donald Dione, a junior at Valley Regional High School (VRHS), has been named the Spring 2014 Carolyn Greenleaf Music Award recipient. Donald, an oboist and member of the VRHS Concert Band and Chorus, will be studying with Johanna Lamb at the Community Music School in Centerbrook. He was accepted for the CMEA Southern Region Music Festival Concert Band and subsequently the Orchestra and will be performing in the orchestra for the VRHS musical production of “The Secret Garden.”

This merit-based award is open to students in Middlesex County and the Lymes and provides a semester of private instruction at the Community Music School. The award honors the memory of Carolyn Greenleaf, a resident of Essex who was passionate about music education. To ensure Carolyn’s legacy, the Carolyn Greenleaf Memorial Award Committee partnered with the Community Foundation to establish the Carolyn Greenleaf Memorial Fund.

Applications may be downloaded from the websites of the Community Music School (www.community-music-school.org) and the Community Foundation of Middlesex County (www.middlesexcountycf.org) in July and December each year.
Katchen had a long and distinguished career of environmental activism. She was easily recognized by the Connecticut congressional delegation in Washington as she passionately advocated for her ideas inside the beltway. Katchen was undaunted by seemingly impossible challenges, ardently fighting for what she believed in. Her friends still smile when they tell about Katchen’s battle against a coal-burning plant in Bridgeport and her duel with the Army Corps of Engineers. Closer to home, Katchen partnered with like-minded individuals in spearheading the preservation of the Wadsworth Mansion at Long Hill Estate, a Middletown gem and well-known landmark.

Katchen’s life was anchored in her sense of community - the people and the place. Katchen filled everyone she met with awe, and her family and friends wanted to be certain her work would continue to inspire generations to come and would continue to support the community. Working with the Community Foundation, Katchen established the Katchen Coley Conservation Fund. This Fund supports the preservation and enhancement of open space in Middletown and adjacent towns thus ensuring that Katchen’s dedication to the environment and her community will continue and her dreams will be kept alive. Along the way, she will inspire others to follow in her footsteps. Our region – and its beauty - will be preserved for all to enjoy, now and forever, through the Katchen Coley Conservation Fund.

Enjoy Life - Create

York Butler Fund – Birds of a Feather

York Butler, a gifted artist and copper craftsman, was fighting a battle with cancer in 2006. His sister Jill, an artist in her own right, was grappling with a sense of uselessness, an inability to do something meaningful to support her brother. As she sat with him, she asked a simple, quiet question – “how can I be of service to my brother during his illness?”

What came was an inspiration, a command, to pick up a Sharpie pen. “I don’t draw people, but what came were these characters, yet to be properly named, with things to say,” Jill explained. “I drew as commanded and then raced to my home studio and started water-coloring these first starts. I drew every morning and water-colored late into the night. Some days the characters flew out at forty an hour. This kind of creative madness stayed at peak for four months. When I finally stopped, we counted - there were 2,483 of them.”

This creative process didn’t just produce squiggles and outlines; the bond York and Jill shared deepened as she created these characters along with words of hope, inspiration, and love. Jill and York chose to call them Birds of a Feather, because together, Jill and York were birds of a feather - siblings, artists, friends. After York’s passing in 2007, Jill realized the Birds could continue to express ideas and share in other ways. Over the years, the Birds have been the major voices in Jill’s book, Create the Space You Deserve; they have embellished seminar materials for major corporations and even graced consumer products.

To celebrate York and the bond created through Birds of a Feather, Jill established the York Butler Fund at the Community Foundation. Since York was an artist and copper craftsman, the York Butler Fund will provide opportunities for craftsmen, artists, writers, designers, musicians, and dancers to enhance their creative expression through education, performances, and unique local projects and shows.

For every JillsBirds’nWords® product, trading card or usage fee collected, a portion is set aside for the Fund. For every dollar contributed, please know that you are contributing to a greater cause in a very direct and personal way in support of those in the creative arts.

“I choose to work with the Community Foundation for two simple reasons: I love the focus on women and girls and the programs offered in this area. I totally enjoy both Cynthia Clegg and Thayer Talbott. Cynthia and I met years ago at a presentation she was making. We also connect over design choices when shopping in the village (Essex) knowing that we’re both local gals supporting our local communities. When my brother died I made a point of learning about the behind the scenes of the Foundation and came to know that this was where I wanted to honor my York. The Community Foundation represents what is important to York and to me - encouraging a love of the arts by supporting programs and opportunities for local artists and craftsmen in this community which gives me so much.”

Jill Butler
Creating positive communities through youth empowerment is the goal of the Community Foundation of Middlesex County’s Council of Business Partners. The “No Bully Zone,” developed in partnership with Rushford prevention specialists, provides tools and programs for schools and community groups to address bullying and help children stand up to bullying.

Donny Marshall, a former UConn Huskies and NBA basketball player, joined CFMC and Rushford professionals to spend a morning with children and parents at The Country School in Madison, CT. Marshall shared his experiences of being bullied growing up in Washington state and then spent the morning talking with the children about their experiences while Rushford professionals held separate sessions for parents and students on ways to empower each other to stand up to bullying.

In September 2009, a dedicated group of Middlesex County business leaders took a stand against bullying. Working through the Community Foundation of Middlesex County (CFMC), these leaders established the Council of Business Partners Fund and, with the help of Rushford, a Hartford Healthcare partner, developed and funded the “No Bully Zone” Program.

CFMC’s Council of Business Partners members are John J. Sullivan, A&A Office Systems; Arlene Mazzotta and Laura Pedersen, A.R. Mazzotta Employment Specialists; William, Susan and Shawn McCann, BEST Cleaners; Colin Burr, Brown & Brown Insurance; David Director, Connecticut Lighting Centers, Inc.; Dave Gilbert, Direct Energy; Dan Zimmerman, DLZ Associates, LLC; Mauricio C. Salgar, Gabrielle’s; James Mahoney, Mahoney Sabol & Co.; Marc Levin, Malloves Jewelers, Middletown; Nancy Raczka; Theodore Rossi, The Rossi Companies; David Shulman, Suburban Stationers, Inc.; St. Mary’s Church, Portland and Congregation Adath Israel, Middletown, Interfaith Golf Open Tournament.

For more information about the “No Bully Zone” program and how to bring it to your community, contact Cynthia Clegg at the Community Foundation of Middlesex County, 860.347.0025 or Cynthia@MiddlesexCountyCF.org.

Continued from Page 2

Warm the Children expects to serve more than 345 families by the end of the winter 2013 program. Imagine - 750 children will have a new winter coat, a pair of gloves, a hat or good warm socks. “The Community Foundation’s grants committees review so many worthwhile projects. There are great programs and services offered throughout Middlesex County in many areas meeting many needs - in the arts and human services, supporting education, preserving and promoting our heritage and environment,” explained Nancy Fischbach, Chair of CFMC’s Grants Committee.

“Human service programs like Warm the Children remind us we have neighbors who don’t have enough food, children who don’t have warm winter clothing, and county residents struggling to find a permanent place to live. As a community we need to work to support one another, and we are pleased we can support the efforts of our dedicated ‘neighbors helping neighbors.’”

Warm the Children works because of wonderful, dedicated people working together with a simple goal - to ensure that the children in their community are warm and safe. This sense of community underscores the Community Foundation’s grant making – Helping Good People Do Great Things in Middlesex County. “Our stakeholders are investing in Middlesex County through the Community Foundation. They understand that pooling their resources in the Community Foundation will support a broad range of programs and services, and that with others - individuals, businesses and funders - they are able to create a larger impact than any one person can do alone,” said Cynthia Clegg, President & CEO of the Community Foundation.

“The Community Foundation is community philanthropy, a community working together, to make Middlesex County a better, healthier, more vibrant place for everyone.” Warm the Children warms the heart, soul - and our children.
$152,204 Awarded through the 2013-2014 Competitive Grants

You - our investors and partners - help us address issues facing our community every day. Your partnership allows us to work with the county's nonprofits and make dreams come true. Thanks to your generosity, the Community Foundation of Middlesex County awarded $152,204 to nonprofit organizations during the 2013-2014 competitive grants cycle. Your overall community investment in 2013 reached new heights, approved funding totaling $585,559 to 192 organizations. Since 1997 your support has provided 1,100 grants totaling more than $3.3 million to make Middlesex County a great place to live, work, and play.

Funding for the competitive grants is made possible by your friends and neighbors who have established endowed funds at the Community Foundation, as well as by donations from generous individuals and community-minded organizations. “We are deeply grateful to the generous support of the fund holders and our grant making partners - the River View Cemetery – Essex, Connecticut Humanities, and the D'Addario Family Foundation,” said Cynthia Clegg, President & CEO of the Community Foundation. “The trust and support of each and every one of our investors helped us grow and give more each year to the arts, education, human services, animal related services, environment, and heritage enhancement. It is truly amazing what we have done - TOGETHER - to improve the quality of life for all in our region over the years.”

Your support is creating opportunities for so many throughout Middlesex County. Thanks to you

- Special needs students will have access to music therapy and music education lessons;
- Our rich heritage will be archived and displayed through photo exhibits;
- Victims and families of domestic violence will have access to a broad array of resources;
- At risk boys can build skills for a stronger future through culinary training programs;
- And so much more.

We invite you to read a full listing of the organizations and programs you are supporting on our website in the News section – www.MiddlesexCountyCF.org.

2013-2014 Competitive Grants Awarded to:

- Academy at Mount Saint John
- Acton Public Library
- Adelbrook Behavioral & Development Services
- Bushy Hill Nature Center
- Business Industry Foundation of Middlesex County
- Camp Hazen YMCA
- Catales, Inc.
- Columbus House, Inc
- Community Health Center-New Horizons Domestic Violence Shelter
- Community Music School
- Common Good Gardens, Inc.
- Connection, Inc.
- Covenant to Care for Children
- Connecticut Forest & Park Association
- Durham Middlefield Youth & Family Services
- Epoch Arts
- Essex Historical Society
- Essex Library Association
- FISH for Chester, Deep River & Essex
- Friends of Long Hill Estate, Inc.
- Friends of the Valley Railroad
- Gilead Community Services
- Greater Middletown Chorale
- HOPE Partnership, Inc.
- Ivoryton Playhouse Foundation
- Katharine Hepburn Cultural Arts Center
- Keigwin Middle School
- Kiwanis Foundation of Middletown, Inc.
- Literacy Volunteers Valley Shore
- MARC Community Resources
- Middletown School Readiness Council
- Mercy Housing & Shelter Corp.
- Moody School Parent Teacher Association
- NEAR, Inc.
The Buttonwood Tree
- Oddfellows Playhouse
- Our Community Cares, Inc.
- Portland Senior Center
- Ryan Woods Autism Foundation Center, Inc.
- Salt Marsh Opera
- Shoreline Soup Kitchens & Pantries
- St. Vincent DePaul Place
- Wesleyan University
- Westbrook Youth & Family Services
- Woodrow Wilson Middle School

CFMC joined the Board of Directors of the Essex Historical Society to present their 2013-2014 grant award at Hills Academy in Essex.
LLGL365 welcomes three new members

Philanthropy is as simple as $1 a day - $365 a year. The idea is simple. You give $365 - a dollar a day - to make our community better. You pool those daily dollars with others. Then you decide together which organizations you want to receive the money.

Live Local Give Local 365 (LLGL365) does just that – LLGL365 brings individuals and businesses together with two simple goals: to learn about the nonprofits working in our community and to pool resources to make grants supporting programs and services.

What makes LLGL365 different from other charitable giving? You do – individuals and businesses networking with one another, bringing a broad range of interests and passions to the group, and determining together what grants to award each year.

LLGL365 welcomed three new members this winter – Pough Interiors, Stephen and Alison Brinkmann, and Rosario “Riz” and Patti Rizzo. They join friends, neighbors and colleagues who are interested in the needs and issues facing our communities and are finding ways to address them.

Since its establishment in 2011, LLGL365 has pooled member contributions and awarded $11,400 to Middlesex County nonprofit organizations. The Fall 2013 grantees are the Adam Stanton House and General Store Museum in Clinton, Essex Historical Society, the Essex Land Trust, and a collaboration between MARC Community Resources and Oddfellows Playhouse.

To learn more about LLGL365, visit the Community Foundation’s website – www.MiddlesexCountyCF.org – or contact Thayer Talbott at Thayer@MiddlesexCountyCF.org or 860.347.0025.

Let’s Hear It for the Boys – Making a Difference and Changing Lives

Last year a group of volunteers with the support of generous donors created a new fund at the Community Foundation of Middlesex County -- Let’s Hear It for the Boys Fund. The goal for the men and women on the all-volunteer committee was simple. They wanted to make a difference.

Together, they wanted to support programs and projects that will enhance positive educational, work and life experiences for boys and men.

Based on what’s been accomplished, they’re more than well on their way.

This first year of grant making, the Let’s Hear It for the Boys Fund Grants Committee has awarded grants totaling $11,235 to help over 140 at-risk boys and young men throughout Middlesex County:

• $3,080 to fund field trips for sixth grade boys who are working on bettering themselves through the X-Men program at Keigwin Middle School, Middletown.

• $6,655 to support the culinary program for teenage boys working on earning certification in kitchen skills at the Academy of Mount Saint John, Deep River.

• $1,500 to provide emergency shelter, transitional housing and counseling for boys and their families in need of emergency or transitional housing at Columbus House’s Middlesex Family Shelter Program in Middletown. This was a joint grant with the Sari A. Rosenbaum Fund for Women & Girls, which also provided $1,500 to make a difference for families.

Additionally, $10,000 from last year’s fundraising event established a permanently endowed Let’s Hear it for the Boys Field of Interest Fund at the Community Foundation. This fund will grow in perpetuity and all future distributions from the fund will be used to support programs and projects that will enhance positive educational, work and life experiences for at-risk boys and young men. This is a good start. However, the need is great.

To help grow the fund and reach more boys in more towns the Committee has planned the Let’s Hear It for the Boys event this year on Saturday, April 12 at Congregation Beth Shalom Rodfe Zedek in Chester. The community is invited to join in the fun and help grow this unique and special fund.

To learn more about the event, the boys and young men whose lives are touched by it and to help the committee make a difference, please visit their website www.letshearitfortheboys.org or CFMC at www.MiddlesexCountyCF.org.

IMPACTING LIVES WITH JUST $1 A DAY
YOU GIVE TO MAKE A DIFFERENCE IN THE LIVES OF OTHERS.

The charitable organizations you support touch the future. They will be creating your vision for a better world long after your lifetime. Make a plan today so their work, and the lives they touch, can be your legacy.

Prepare a will, and include a gift for the charities that have made a difference in your life or the life of someone you love.

Donate a specific dollar amount or a percentage of your assets, including stocks, bonds, CDs, or other property.

Name your favorite charity as the beneficiary of your IRA, pension plan, or insurance policy.

Honor deserving friends and remember loved ones with memorial gifts.

Community Foundation of Middlesex County welcomes conversations with good people who want to leave a legacy. Call us at 860.347.0025.

There’s no end to the good YOU can do.

Thank You

Together we improve the arts; cultural and heritage programs; educational activities; environmental conditions; and health and human services.

Together we make a stronger, healthier, more vibrant Middlesex County.

Together we Live Local ... Give Local ... together we are Community Philanthropy.

The Live Local Give Local Fund at the Community Foundation has a tremendous impact in our community every year - 100% of the proceeds donated annually to this fund are awarded to area nonprofits.

The Community Foundation has a safe, easy way for you to donate by credit card.

Visit us at www.MiddlesexCountyCF.org