



**4th Annual
RUN for CHRIS 5K**
(USATF #CT 13030JHP)
SATURDAY JUNE 27, 2015



ESSEX TOWN HALL, 29 WEST AVE., ESSEX, CT
(*Registration Begins at 7:00am)

RACE START TIMES:

Kids Fun Run (ages 6 and under): 8:15am
CB4 Mile Run (ages 7-14): 8:15am
5K (ages 7 and over) & 2-Mile Walk: 8:45 am

BENEFITS THE CHRIS BELFOURE MEMORIAL FUND at Community Foundation of Middlesex County (CFMC),
To integrate multicultural and foreign language programs into the schools of the Lower Valley Of Middlesex County

ENTRY FEES (mail-in & online): 5K/2Mile Walk -\$20 before June 7; \$23 before June 25; \$25 race day;
Mile only - \$15; Mile + 5K combined - \$30 (1 T-shirt only); Kids Fun Run - \$5 (no T-shirt).

***Register online @ ARATRACE.COM** (or scan QR code)

*Mail-in and online registrations CLOSE 6/25/15 at 6 PM

AWARDS (no duplicates): 5K - Top three Male & Female overall finishers
5K - Top three Male & Female finishers in 10 year age groups
CB4 Mile - 1st Place Male & Female finishers

(Record Times for 5K: Male - Chris Rosenberg 16:29; Female - Hannah Donadio 19:33)

*** There will be FOOD (Fabulous) and a RAFFLE (Great Prizes) after the race ***

(Contact George Chapin 860-575-3408, george_c@snet.net , with any questions or to volunteer)

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Please sign and detach application with cash or a check payable to: **CFMC** (Community Foundation of Middlesex County) (NO CREDIT CARDS) Must be received by June 25,2015.

Mail To: George Chapin, c/o Run For Chris, 29 Summit Street, Ivoryton, CT 06442

Last Name: _____ **First Name:** _____ **Please check:** M F

DOB: _____ **Age On Race Day:** _____ **USATF#** _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Phone: _____ **Email:** _____

Please Check: CB4 MILE (7-14yrs.) 5K Run 2Mile Walk Kids Fun Run CB4 MILE & 5K Run

Tech T-Shirt Size (Please Check): Youth S Youth M Youth L XS S M L XL

(Please Note: The Adult Shirts are MENS' sizes - choose size accordingly!)

In consideration of the acceptance of this entry, I know that running and walking is a potentially hazardous activity. I will not enter unless I am medically able and properly trained. I agree to abide by any Race Official as to my, or my child's ability to participate in this event. I assume all risks with participating in this event, including, but not limited to: falls, contact with other participants or objects, effects of the weather, traffic and the conditions of the road and/or trails. Such risks being known and appreciated by me. I hereby waive and release any and all rights and claims for injury, damage, or death I may have against The Chris Belfoure Memorial Fund, Community Foundation of Middlesex County, the Town of Essex, Essex Parks and Recreation, Essex Police and CT. State Troopers, Essex Town Hall and departments therein. Essex Volunteer Fire Department, Rat Race Timing LLC, all volunteers, race officials, or their representatives, successors, or assignees for any injuries or death that may be suffered by me or my child in this event. I certify that I and/or my child, is physically capable of successfully completing this event. Furthermore, I allow The Chris Belfoure Memorial Fund, Community Foundation of Middlesex County, the Town of Essex, and Race Officials to use any photographs taken at this event to be used by them for the purposes of, but not limited to, publicity as they see fit.

Signature: _____

Applicant, or parent or guardian of participants under the age of 18