



**COMMUNITY
FOUNDATION**
of Middlesex County

Philanthropy • Leadership • Legacy



Sari A. Rosenbaum Fund for Women & Girls Grant History

\$219,885 in Grants from 2002 to 2019

2019

Ivoryton Playhouse Foundation – to support the third annual Women Playwrights Initiative **\$1,000**

2018

Adelbrook Behavioral & Development Services - to provide technology-based tools and accessories, such as iPads, Chrome Boxes, and Chrome Books, for students in special education programs. These tools provide access to web-based portions of the curricula, allowing for greater reading comprehension, improvement in writing skills, and enhanced focus in the classroom. **\$1,500**

(Co-funded with the CFMC Grants Committee for a total grant award of \$5,000)

Bare Necessities, Inc. - To diapers and wipes to families in need in the Middlesex County shoreline towns of Clinton, Westbrook and Old Saybrook. **\$5,000**

Connecticut Women’s Education and Legal Fund (CWEALF) - to increase access to free legal information, bilingual legal advocacy, and referrals to low-cost attorneys for low-income and marginalized women in Middlesex County. **\$5,000**

Durham Middlefield Youth & Family Services - to support the "BTW ... Can We Talk?" program which provides a safe space for young girls to find their voice on a variety of issues such as peer pressure, social media, bullying, female role models, lack of self-confidence, navigating social circles, and health and wellness with the assistance of a female mentor. **\$1,000**

Everyone Outside - to expand environmental education programming to enable more girls and women experience outdoor activities, develop skills, knowledge, promote healthy living, and foster environmental stewardship. **\$2,650**

Girl Scouts of Connecticut - to provide camperships for Middlesex County girls at summer camps and the Girl Scout Leadership Experience, helping them develop skills which will enhance academic achievement and reduce summer learning loss. **\$2,500**

2017

Bare Necessities, Inc. - To diapers and wipes to families in need in the Middlesex County shoreline towns of Clinton, Westbrook and Old Saybrook. **\$4,750**

Connecticut Women’s Education and Legal Fund (CWEALF) - to increase access to free legal information, bilingual legal advocacy, and referrals to low-cost attorneys for low-income and marginalized women in Middlesex County. **\$4,000**

Essex Elderly and Affordable Housing, Inc. (EEAH) - To partially fund the Essex Place community kitchen construction which serves the senior residential housing development. **\$250**

(co-funded with the Grants Committee for a total grant award of \$750)

Girl Scouts of Connecticut - to provide camperships for Middlesex County girls at summer camps and the Girl Scout Leadership Experience, helping them develop skills which will enhance academic achievement and reduce summer learning loss. **\$2,500**

New Horizons Domestic Violence Services - To provide healthy food and personal hygiene products for victims of domestic violence. **\$5,000**

Nutmeg Big Brothers Big Sisters - To support a mentoring program which matches inspirational adult volunteers with at-risk children and teens in Middlesex County. **\$2,000**

(co-funded with the At Risk Boys Fund for a total grant award of \$4,000)

Ivoryton Playhouse Foundation – to support the first annual Women Playwrights Initiative. **\$1,000**

2016

A Sacred Place, Inc. - To fund training an additional facilitator and running an additional group of a proven course that leads incarcerated women toward responsible, accountable lives. It will also support the development of quantitative assessment and database tracking designed to enable program sustainability. **\$1,500**

Bare Necessities, Inc. - To extend the distribution of diapers and wipes to families in need in the Middlesex County shoreline towns of Clinton, Westbrook and Old Saybrook. **\$5,400**

Connecticut Women's Education and Legal Fund (CWEALF) - To increase access to its comprehensive, free Legal Education Program for low and moderate income residents in Middlesex County, including the Information & Referral Service, Bilingual Community Advocacy, and community education. **\$3,000**

Durham Middlefield Youth & Family Services - To support workshops facilitated by women to empower girls to strengthen their representation and participation in all walks of life, but particularly in male-dominated STEAM careers. Topics will include career exploration, leadership skills, and mentor opportunities. **\$2,532**

Everyone Outside - To enable girls and women to spend time outside in the natural world, developing skills and knowledge, and promoting healthy living and fostering environmental stewardship. **\$2,700**

North End Action Team - To support a program for teenagers to record, produce and promote their own hip hop music and spoken word poetry. **\$1,500**

(Co-funded with the At-Risk Boys Fund for a total grant of \$3,720)

2015

Adelbrook Behavioral & Development Services to purchase iPads, Nooks or Kindles for girls with autism spectrum disorder (ASD) who need assistance with communication, behavioral tools for decreasing anxiety, and electronic educational aids. The use of these devices will improve time on task for school and lessen social anxiety	\$2,000
Arts for Learning Connecticut, Inc. to provide girls an opportunity to express themselves through creative writing. The Project encourages emotional literacy through poetry, writing exercises and meditation where girls are guided to explore and write about peer relationships, self-esteem and body image.	\$1,000
Connecticut Legal Services to provide enhanced legal services to low-income victims of domestic violence and their children in Middlesex County	\$3,000
Everyone Outside to enable girls and women to spend time outside in nature for the purposes of developing skills, knowledge and confidence, and to promote healthy living and environmental stewardship.	\$2,900
Epoch Arts to fund materials supporting the annual "Breaking Silences" program for teen girls (grades 7-12), such as journals, art supplies, snacks, theater production supplies, teaching references, outings and community outreach services.	\$2,500
Gilead Community Services to fund a trainer and textbooks for a multi-day training on Dialectical Behavioral Therapy (DBT) for 45 Gilead staff, and textbooks to implement the skills gained in the training on an ongoing basis.	\$4,000
Rushford to fund a 4-week summer program for Middletown middle school-aged girls, focusing on teaching respect for self and others, the skills needed to be healthy, and serving as positive role models.	\$2,000
North End Action Team to create a productive writing group which encourages high school students to express themselves through poetry, with Wesleyan University and The Green Street Teaching and Learning Center as partners.	\$1,000
<i>(Co-funded with the At-Risk Boys Fund for a total grant of \$1,750)</i>	

2014

Epoch Arts to fund journals, art, supplies, outreach materials and other resources needed for "Breaking Silences," an annual program for teen girls grades 6-12.	\$4,000
Rushford Center to support a 4-week summer group program for Middletown Middle School girls. The structured program focuses on teaching adolescent girls respect for themselves and others, the skills needed to lead healthy lives and the ways to serve as positive role models.	\$3,500
Middlesex Hospital Center for Behavioral Health Perinatal Case Manager provides short-term case management for high-need pregnant and postpartum women in Middlesex County who require connections to health, mental health, financial and social services or supports. Perinatal Case Manager collaborates widely within and outside of the Middlesex Health System.	\$2,500

YMCA of Northern Middlesex County to support a 4-week summer group program for Middletown Middle School girls. The structured program focuses on teaching adolescent girls respect for themselves and others, the skills needed to lead healthy lives and the ways to serve as positive role models. **\$5,000**

Rushford Center to support a 4-week summer group program for Middletown Middle School girls. The structured program focuses on teaching adolescent girls respect for themselves and others, the skills needed to lead healthy lives and the ways to serve as positive role models. **\$3,000**

Middlesex Community College to support the “Women Students’ Forum: Empowerment Through Education,” a full-day conference focusing on issues related to careers, balancing work/parenting/school, wellness, essential job skills, and personal finance. The goals include providing women students with greater knowledge and confidence in preparing for their future. **\$2,500**

2013

Epoch Arts to fund journals, art, supplies, outreach materials and other resources needed for “Breaking Silences,” an annual program for teen girls grades 6-12. **\$4,000**

Middletown Public Schools-Woodrow Wilson Middle School supporting the “Girls Night Out” program that brings mothers, guardians and daughters together for an evening of interesting speakers and projects. Funding assists with supplies, light refreshments, participant gifts, paper, calendars and booklets and other programmatic costs. **\$1,750**

NEAR, Inc.\The Buttonwood Tree to support the artwork of local emerging artists, providing mentoring opportunities for female emerging artists by art professionals and other artists, and a month-long exhibition. **\$3,000**

Westbrook Youth & Family Services to support senior citizens into the multigenerational community by sharing programming with families, children and individuals, along with providing support and programming specifically designed for the senior population. **\$2,000**

Columbus House, Inc. for general operating support for the Middlesex Family Shelter Program which provides emergency shelter, transitional housing, case management and tenant-based rental assistance for families with children in Middletown and throughout Middlesex County. **(Co-funded with the At-Risk Boys Fund, a fund supporting programs and services for at-risk boys and young men for a total grant of \$3,000)** **\$1,500**

Community Health Center-New Horizons/ \$5,000/ to provide New Horizons with needed resources to reach victims and the families impacted by domestic violence. **(Co-funded with the Community Foundation’s Grants Committee for a total of \$5,000)** **\$2,000**

2013 - Middlesex Community College to support the “Women Students’ Forum: Empowerment Through Education,” a full-day conference focusing on issues related to careers, balancing work/parenting/school, wellness, essential job skills, and personal finance. The goals include providing women students with greater knowledge and confidence in preparing for their future. **\$2,500**

**2012 Sari A. Rosenbaum Memorial Grant Honoring Commitment to
Empowering Women and Girls to Achieve Vibrant, Successful, and Confident Lives
awarded to the Ivoryton Playhouse Foundation**

\$500

for their continued commitment to supporting the mission of the *Sari A. Rosenbaum Fund for Women and Girls at the Community Foundation of Middlesex County*

2012

Russell Library to update and expand the "Parenting Bags" project, reaching new mothers/parents/caregivers with better access to the books and DVDs about parenting services and assistance. This project will include an initiative to collaborate with local agencies to place the Parenting Bags in community locations. **\$1,500**

Rushford Center to support a summer group program, "Girl Talk," which will be offered to 20 middle school age girls in Middletown. Sessions focusing on teaching adolescents the skills needed to being healthy, being positive role models, understanding and evaluating media messages. **\$2,000**

Woodrow Wilson Middle School to support a one night program for 5th - 8th grade girls and their mothers at Woodrow Wilson Middle School. The program gives mothers and daughters the opportunity to attend classes and spend quality time together. **\$1,995**

YMCA of Northern Middlesex County to support "Girls Outside and Women Too," enabling more girls and women to spend time outside in nature and develop skills, knowledge and confidence, promoting healthy living and foster environmental stewardship through an after school program for girls and guided hikes for women. **\$2,500**

2011

Epoch Arts to fund the Breaking Silences program, targeting at risk girls grades 6-12 from the East Hampton and surrounding areas. The program is designed to create an artistic environment where girls are encouraged to express themselves and learn basic life skills. **\$3,000**

Gilead Community Services to fund the purchase of an evidenced-based trauma recovery treatment curriculum called "Courage to Heal." This art therapy approach to healing has been proven very effective in dealing with women living with severe mental health conditions who have experienced trauma. **\$4,000**

Middlesex County Substance Abuse Action Council to support a program bringing girls in their senior year of high school and their moms together for guided "women only" discussion groups on sexual safety and alcohol in Old Saybrook. Research shows that drinking is highly correlated with unplanned pregnancy, date rape, and poor/risky decision making. This program is designed to create open and honest dialogue to reduce these risks. **\$1,500**

Portland Public Library to fund Girl*Speak, a program to increase self esteem, empower, motivate, and inspire teen girls ages 12 to 17 to reach their full potential in a difficult world. **\$1,010**

Rushford Center to support a summer group program, "Girl Talk," which will be offered to 20 middle school age girls in Middletown. In addition, two mother and daughter programs will be offered for participants; one prior to the program and one at the conclusion of the summer program. **\$3,000**

YMCA of Northern Middlesex County to support "Girls Outside and Women Too," enabling more girls and women to spend time outside in nature and develop skills, knowledge and confidence, promoting healthy living and foster environmental stewardship through an after school program for girls and guided hikes for women. **\$2,050**

2010

Community Health Center-New Horizons Domestic Violence Services to assist shelter residents and community clients with transportation costs **\$700**

Deep River Public Library to fund a program to engage girls in the fields of science, technology, engineering, and math. **\$2,000**

Durham-Middlefield Youth & Family Services to partially fund the "True You" program, a five-week, mother-daughter self-esteem building program, culminating in the True You Expo (*awarded in honor of Arianna Huffington*) **\$1,000**

Epoch Arts to fund the Breaking Silences program, designed for at-risk girls in grades 6 to 12, which creates an artistic environment in which they can express themselves and deal with problems in a positive way (*awarded in honor of Arianna Huffington*) **\$3,000**

Middlesex Community College Foundation to provide support for childcare programs and other critical support services for women attending classes. **\$2,000**

Middlesex County Coalition on Housing and Homelessness for the Women's Homelessness Prevention Project which helps single mothers with children who are at risk of becoming homeless. **\$1,000**

Middlesex County Historical Society for a walking tour of Women's History in Middletown, in commemoration of Women's History Month, March 2011. (*awarded in honor of Arianna Huffington*) **\$650**

Middletown Public Schools for the Parent Leadership Training Institute, a program that enables parents to become leading advocates for children. **\$500**

Westbrook Youth & Family Services to provide therapeutic support for women and older girls who have experienced sexual abuse and violence trauma and have little or no ability to pay for counseling. **\$1,000**

YMCA of Northern Middlesex County to foster environmental stewardship through an after-school program for girls and guided hikes for women. **\$1,500**

2009

Gilead Community Services to provide 8 adolescent girls with severe mental illness an opportunity to participate in activities that address social, recreational & life skills issues. These skills are vital to successful recovery, foster personal growth and build self-esteem. **\$2,000**

Middletown Public Schools to support the "Right Steps" continuum, which includes: Nurturing Families, People Empowering People (PEP), Parent Leadership Training Institute (PTLI), and Parents Supporting Educational Excellence (PSEE). **\$500**

Ray of Light Farm to support a program which provides young girls with the opportunity to teach adults interested in learning horseback riding and animal care.	\$900
Rushford Center to support "Girl Talk," a summer program for at-risk middle school girls in Middletown that focuses on the media, physical activity, nutrition and positive self-image.	\$2,000
Westbrook Youth and Family Services to provide support for Divorced or Separated Women, "Girls Self Esteem Group" and "Women's Support Group".	\$3,000
Woodrow Wilson Middle School to support a one night program for 5th - 8th grade girls and their mothers at Woodrow Wilson Middle School. The program gives mothers and daughters the opportunity to attend classes and spend quality time together.	\$1,850

2008

Children's Home of Cromwell to support a volunteer mentoring program to girls living in their therapeutic group homes. The program will offer girls and their mentors the opportunity to participate in outings and special events and be made aware of the many community resources.	\$2,500
Epoch Arts to empower at risk girls through journaling, theater-based activities, small group discussions and workshops. Funding will support a mini theater production, field trips, teaching artists and supplies.	\$5,000
Essex Library Association to support a six-week series of lectures and workshops designed to teach self-esteem and life skills to girls ages 13-17.	\$1,000
Middletown Public Schools to provide leadership training to families who have children in Middletown Public Schools. The 20-week curriculum seeks to enable parents to become leading advocates for children.	\$2,500
Rushford Center to support a summer program for at-risk middle school girls in Middletown that focuses on the media, physical activity, nutrition and positive self-image.	\$4,000
Woodrow Wilson Middle School to support a one night program for 5th - 8th grade girls and their mothers at Woodrow Wilson Middle School. The program gives mothers and daughters the opportunity to attend classes and spend quality time together.	\$1,850

2007

American Red Cross-Middlesex Central CT Chapter to provide ARC Health & Safety courses to women and girls in their homeless assistance programs.	\$5,200
East Haddam Youth & Family Services Project F.U.N. - Fitness and Understanding Nutrition to teach young girls the importance of good nutrition and fitness in developing lifelong habits of a healthy lifestyle and positive self-image.	\$2,800
Rushford Center - Girl Talk a six-week summer group program for 20 Middle School girls held 3 times per week with focus on media, physical activity and nutrition in order to develop healthy bodies and images.	\$2,000

2006

Gilead Community Services to provide adolescent girls with mental illness with an opportunity to participate in various arts and cultural activities to foster personal growth and build self-esteem.	\$3,000
Girl Scouts Connecticut Trails Council for a College Pathways Program that introduces at-risk girls ages 14 to 17 to college life and prepares them for college.	\$5,000
Rushford Center for "Girl Talk," a summer program for Middle School girls in Middletown, to encourage healthy behavior by focusing on media analysis, positive self-image, nutrition, being physically active and building supportive relationships.	\$1,600

2005

Children's Home of Cromwell to provide stipends and financial management instruction for at-risk girls working in the community.	\$2,000
Community Health Center to purchase furniture for the Battered Women's Shelter in Middletown.	\$1,800
Connection, Inc to purchase car seats and strollers for children residing with mothers enrolled in a drug rehabilitation program.	\$500
Estuary Council of Seniors to develop and pilot a comprehensive health education program for older women in the Valley Shore.	\$900
Girl Scouts, CT Trails Council to fund a program for girls, ages 8-14, designed to raise their self esteem.	\$2,300
Ray of Light Farm, Inc. to support a program which provides young girls with the opportunity to teach adults interested in learning horseback riding and animal care.	\$750
Rushford Center to support "Mother and Daughter Evenings Out" for Middletown sixth, seventh or eighth grade girls and their mothers.	\$1,750

2004

Community Health Center for the purchase of new mattresses for the Battered Women's Shelter in Middletown.	\$2,625
East Haddam Youth & Family Services to fund Girls on the Run, a skill building program for 3rd and 4th grade girls.	\$2,000
Estuary Council of Senior Clubs for computer courses offered to older women considering employment or volunteer work opportunities.	\$600
Rushford Center for "Mother and Daughter Evenings Out" for Middletown sixth, seventh or eighth grade girls and their mothers.	\$1,500

2003

East Haddam Youth & Family Services - to fund a journaling program for young girls.	\$1,500
East Hampton Youth and Family Services - to cover the expenses of the final week of a summer enrichment program for young girls ages 10 to 14.	\$1,000
Estuary Council of Senior Clubs - to cover the cost of computer instruction for older women looking for work in an office environment.	\$630
Middletown Parks & Recreation - to defray the cost of a girls flag football program in six Middletown neighborhoods.	\$1,000
North End Action Team (NEAT) - in support of a new young women's group in the North End of Middletown.	\$1,000
Rushford Center - to fund a summer program for 25 Middletown middle school girls. Funds for these grants were raised by the Fund for Women and Girls Committee.	\$1,000

2002

Domestic Violence Valley Shore -- to cover the cost of space and other occupancy items.	\$1,000
NEAT -- Empowerment & Leadership Development Initiative: An Empowerment and Leadership Development Initiative for women residing in the North End to develop leadership, employment and advocacy skills to become self-determining.	\$2,000
Russell Library -- Establish a Young Parents collection in both Spanish and English which will provide support and training for parents and provide an introduction to other library resources and programs.	\$500