



COMMUNITY
FOUNDATION
of Middlesex County

Philanthropy • Leadership • Legacy

June News & Notes

Picnics, parties, vacations, and trips to the beach - summer is a busy time in Middlesex County. Keep up with what's happening at home with a quick glimpse of *Good People and Great Things!*

Leave a Legacy

Liz Petry and her family were featured on FOX61 with Sarah Cody.

Liz, a former CFMC Board of Directors member and a founder of the Sari A. Rosenbaum Fund for Women and Girls, had previously established the Ann and George Petry Fund to support programming in the arts in Middlesex County. Now she and her cousins have embarked on a documentary project about her family's deep roots in our community.

"We want to explore how these people - who were basically one generation away from slavery - became so phenomenal" explained Liz Petry.

Watch the interview [HERE](#). For more information on the history of the James family, or the documentary project, click [HERE](#).



Liz Petry talks to Sarah Cody

Planned Giving for Everyone

As Leave a Legacy month comes to a close, we asked one special CFMC friend to share why having a legacy is important.

In her own words, Deb Moore explains her close connection with her community and why she is working through the Community Foundation to Leave a Legacy.



Read Deb's interview [HERE](#).

Deb Moore

Camp Colter

Forty kids took to the mats at Camp Colter, thanks to the [Colter Abely Achievement Fund](#).



What is Camp Colter? Xavier High School coach Mike Cunningham says "The camp isn't about the wrestling as much as it is about helping kids be better people in their lives through wrestling."

Check out the fun times at Camp Colter's Photo Gallery [HERE](#).

Running in the Rain!

The rain didn't deter runners (or bike riders) in the **6th annual Run for Chris**. In fact, the soggy weather and puddle- filled streets seemed to brighten spirits!



The annual event supports the [Chris Belfoure Memorial Fund](#) and programs for youth on the shoreline.

This year one hundred sixty (160) runners - and a handful of walkers - finished the course in Essex with smiles on their rain-soaked faces!

We say **THANK YOU** to everyone who volunteered, ran, walked, and supported Run for Chris. And an extra big **THANK YOU** to Valley Shore YMCA for partnering with the Chris Belfoure Memorial Fund this year.

Being Kind is Oh So Sweet!

Ever wonder if a candy bar can change the world? Munson's Chocolates did! The Bolton candy maker is a recipient of the Council of Business Partners' Spotlight Award for the great work they are doing to help youth create Bully-Free Communities.



Take a minute to find out about the great chocolate bar wrapper competition at the [Campaign for Bully-Free Communities news page](#).

Spotlight on CFMC

CFMC is on the airwaves connecting with the community!



President and CEO Cynthia Clegg joined Stephan Allison on River Valley Rhythms to talk about the arts, CFMC's work in the community, and turning your passions into action!

Catch the show [HERE](#).

Exceptional Women Leading by Example!

We have so many exceptional women doing incredible work right here in Middlesex County. Recently three women were recognized for the impact they have on our community.

Deb Petruzello and Lydia Brewster were recognized as Home Town Heroes and Patti Vassia was recognized as one of the Duncaster's 60 over 60: Those to Admire; Those Who Inspire.

Deb Petruzello retired after forty years as the Middletown High School girls track coach. Middletown's athletic director says "students respect her and I think it's because they know she respects them. She's built such a positive culture here."

Lydia Brewster was recognized for her work at St. Vincent de Paul. Lydia has been running the Amazing Grace Food Pantry since 2011. Ron Krom, director of St. Vincent de Paul explained Lydia is "tireless" and a true supporter of their mission.

Patti Ann Vassia is one of Connecticut's first '60 over 60' winners! Duncaster said they were looking for people ages 60 or older living lives "to be admired, lives that inspire." Since Patti is so involved in the community, has great nonprofit experience, and volunteers - she fit the bill perfectly!



CONGRATULATIONS to all these well deserving women - **THANK YOU** for all you do!



Mark Your Calendars - Reserve Your Seat!

CFMC is celebrating 20 years of *Good People Doing Great Things* - and we hope you will join us!

Friday, November 17, the Riverhouse at Goodspeed Landing, will be an evening to remember - we will celebrate all the great things friends and partners have made possible throughout the community.

So set your calendar reminder, reserve your seats [HERE](#) and help us celebrate 20 Years of Philanthropy*Leadership*Legacy in Middlesex County.

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